



REVIVE Quanta Pigmented Lesions Pre & Post Care

Before your treatment:

- Do not wear makeup on the day of treatment. Arrive with a clean face, free of all residues from self tanners, makeup and bronzers.
- Absolutely no sun-tanning or self-tanners 4 weeks prior to treatment
- Some medications or supplements may increase the risk bruising. Consult with your physician.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- Notify clinic with any changes to your health history or medications since your last appointment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment

After your treatment:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- Bruising, redness and swelling are common and resolve with time
- Treated pigment will turn darker (brown to black) within 24-48 hours
- Avoid heat ? hot tubs, saunas, etc. for 1-2 days
- Avoid skin irritants (examples below) a few days post-treatment
- Notify clinic of any concerns (blistering, excessive redness/swelling, etc.)
- Consult with clinic about when to resume skin care regime.