



REVIVE SculpSure Pre and Post Instructions

SculpSure? Pre-treatment instructions:

- No sun exposure 7 days prior to the treatment.
- Remove all creams or oils prior to treatment.
- Arrive at appointment hydrated. Enjoy a light meal the morning of treatment.

SculpSure? Post-treatment instructions:

- Gently Massage the area twice a day for 5-10 minutes. Massage should be continued until your next treatment or for 12 weeks if you have only one treatment.
- Staying well hydrated and engaging in light physical activity helps mobilize the disrupted fat for processing through the lymphatic system. We encourage you to drink at least 6-8 glasses of water a day and take a daily walk or continue your regular exercise routine.
- You may experience mildly pink or red skin, tenderness or discomfort, swelling, tissue firmness or nodules in the treated areas. These are expected side effects that usually resolve within a few weeks.
- Tenderness may occur as the day of treatment and can last up to two weeks.
- If needed, use a cold compress and/or acetaminophen to help relieve tenderness.
- You may resume your normal daily activities, including exercise, immediately after your SculpSure treatment.
- Contact your physician if you have any concerns about your treatment areas such as increasing tenderness or swelling several days after your treatment, or if you develop blisters, hardened areas or nodules.