



REVIVE Dermal Fillers General Treatment Information

Pre-Procedure Instructions

This treatment is not recommended if you have an important event in the next 4 weeks.

Avoid aspirin, ibuprofen, Advil, St. John's Work, oral Vitamin E, and non-steroidal anti-inflammatory drugs in the 24 hours prior to your treatment as they may promote the risk of bruising and bleeding in the injection area.

If you are prone to cold sores (oral herpes simplex), take your prescribed medication (acyclovir, valacyclovir, Valtrex) as prescribed in the 24 hours prior to your treatment.

Please be sure to eat and be well hydrated prior to your appointment.

Post-Procedure Instructions

Apply cold packs frequently in the first 4-6 hours to reduce swelling and bruising.

Avoid touching the treated area. After 6 hours, light makeup can be applied and the area can be gently washed with soap and water.

Do not expose the treated area to intense heat (sauna, sunbathing) as this may cause blood vessels to dilate and cause more bruising.

Avoid strenuous exercise in the first 3 days after the procedure as this may raise your blood pressure and cause more bruising and swelling.

Avoid Advil, oral Vitamin E, Ginger, Ginko biloba, Ginseng, and Garlic supplements for 2 weeks to reduce risk of bruising.

Consider Arnica Montana pills or cream to help heal bruising.

Lumps in the injected area are normal and typically dissipate over the next 4-6 weeks.

Redness, swelling, tenderness and an itching sensation in the treated area are common. This is a normal result of the injection. These symptoms generally improve in less than 6 hours after injection into the skin and less than 1-2 days after injection into the lips. Occasionally the initial swelling after lip treatment may last longer and the lips can look somewhat uneven during this time. This means that the result directly after the treatment should not be seen as the final result.

Avoid laser treatments, IPL or skin tightening treatments of at least 2-3 weeks as these treatments create heat in the dermis.

These aesthetic products are temporary injectable fillers and the duration of the effect can vary from patient to patient. You may wish to consider additional treatments before the effect has completely dissipated.